

Reference: 013-24

JOB OFFER

Lleida Biomedical Research Institute is recruiting a:

- Predoctoral researcher -

The Institute

The Biomedical Research Institute of Lleida Fundació Dr. Pifarré (IRBLleida) was established with the aim of creating synergies between basic, clinical and epidemiological research, making biomedical research a key driver to improve current clinical practice. IRBLleida covers a chain of translational research, from basic research, aimed at understanding the physiological and pathological mechanisms of the human body, to research that studies the behavior of diseases in large population groups.

The Biomedical Research Institute of Lleida ([IRBLleida](#)) was founded in 2004 through a cooperation agreement between the University of Lleida (UdL) and the Catalan Healthcare system. IRBLleida integrates research groups of the faculties of Medicine and Nursing and Physiotherapy of the UdL. On the other hand, we incorporate research groups from:

1. The Catalan Health Institute ([ICS](#)) both at the hospital level (Arnau de Vilanova University Hospital - [HUAV](#)) and the primary healthcare of [Lleida](#) and the [Alt Pirineu-Aran Health Region](#),
2. The healthcare provider [Gestió de Serveis Sanitaris \(GSS\)](#); [Santa María University Hospital - HUSM](#), [Pallars Regional Hospital](#) and [Mental Health](#), among others).

IRBLleida has been a CERCA institute since 2013, and as such is organized according to a model of good governance and operation that ensures efficiency, management flexibility, talent recruitment and promotion, strategic planning and executive capacity. It is also one of the 34 Spanish Health Research Institute ([IIS](#)) recognized by the [Carlos III Health Institute](#) and the Government of the Generalitat, as established by Law 16/2003, of 28 May, on the cohesion and quality of the national health system.

In December 2014, the Lleida Biomedical Research Institute's received the '[HR Excellence in Research](#)' logo from the European Commission. This is a recognition of the Institute's commitment to developing an HR Strategy for Researchers, designed to bring the practices and procedures in line with the principles of the [European Charter for Researchers](#) and the [Code of Conduct](#) for the Recruitment of Researchers (Charter

and Code).

Please, [check out our Recruitment Policy](#)

Professional profile of the person hired:

- Predoctoral researcher with training in physiotherapy.

Requirements (excluding applications that do not complete this section):

- Have been admitted to a doctoral program.
- Not to have had more than 3 years of pre-doctoral contract.

These requirements must be met at the beginning of participation in the program.

Context and tasks to be developed:

The selected person will develop his/her doctoral thesis within the scope of the project funded by the Marathon Foundation "The effect of a workplace active pauses intervention on the reduction of cardiovascular risk factors in call center workers: a mixed methods study" and will join the Health Care Research Group (GRECS) within the Health Education research line.

Some of the tasks she will perform are the following:

- Conducting literature searches, collecting and analyzing data, and conducting experiments or studies according to project specifications.
- Collaborate in writing research proposals, including review of relevant literature, methodological design, and writing specific sections.
- Collect data from different sources, organize and analyze them using appropriate statistical or computer tools.
- Contribute to the writing of scientific articles based on research results, including writing specific sections of the manuscript and reviewing style and content.
- Contribute to the design and development of health technology solutions.

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Funded with the support of Fundació La Marató de TV3, file 202317-10.

Desirable but not required/ Nice to have

- Master's degree in the field of health
- English level B2 or higher
- Catalan and Spanish, high level
- Previous experience in therapeutic exercise
- Previous experience in active break programs for sedentary workers
- Previous experience working with new technologies
- Previous experience in national and international projects

The Offer – Working Conditions

- Type of contract: Predoctoral
- Professional category: Predoctoral Researcher (First Stage Researcher - R1) - 4th year of contract
- Planned start date: Immediate
- Workday: Full 37.5 hours per week
- Remuneration: 23.871,33€ gross/yearly **NOT** including employer's social security contributions.
- Activity funding: Funded with the support of Fundació La Marató de TV3, file 202317-10. Project code PP10742: "The effect of a workplace active pauses intervention on the reduction of cardiovascular risk factors in call center workers: a mixed methods study".
- Duration of the contract: The project's work program foresees that the expenses corresponding to predoctoral research personnel will be developed over a period of up to one year.

If there are modifications in the work program and/or budget of the project, the possibility of modifying the period will be assessed (the duration of the contract is linked to the specific funding of the project/agreement).

We provide a highly stimulating environment with state-of-the-art infrastructures. To check out our training and development portfolio, please visit our website in the [training section](#).

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We offer and promote a diverse and inclusive environment and welcomes applicants regardless of age, disability, gender, nationality, race, religion or sexual orientation.

The IRBLleida is committed to reconcile a work and family life of its employees and are offering the possibility to benefit from flexible working hours. In addition, as a result of different company agreements, the following improvements are recognized:

- Paid leave to go to the doctor for personal health reasons.
- Paid leave to accompany a first-degree relative under 18 years of age, over 70 years of age or with first-degree disability to the doctor.
- Holidays that coincide with Saturday or Sunday are moved to the Monday immediately following.
- A special 6-hour working day is established on Holy Thursday, April 23, June 23, December 24, December 31 and January 5.

Documents and application deadline:

All applications must include:

- A motivation letter.
- Full curriculum vitae.
- The deadline for submission will end on 28 march 2024 at 14.00 hours.

Those interested can apply for the offer by filling in the form (<https://www.irblleida.org/ca/job-application/>) and sending your CV and a cover letter, indicating the name of the offer for which you are applying and the reference 013 -24.

Selection process schedule for reference 013-24	
Minimum 15 days	Publication and dissemination of the job offer: IRBLleida website, "Biocat" portal, social networks, other employment websites depending on the vacancy offered.
Next 2 working days	Transfer of the CVs to the Selection Committee
Next 5 working days	Meeting of the Selection Committee: <ul style="list-style-type: none">- Interview of the pre-selected candidates- Evaluation of the candidates and meeting minutes certifying the candidate awarded with the position

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Next 5 working days	Completion of the paperwork required to formalize the employment contract
Immediate	Approximate contract starting date
Express selection process	
<p>When an employee must be replaced urgently, for instance, to cover a sick leave, scientific reasons justifying the incorporation on a specific day, specification in a resolution, etc., an express selection process could be undertaken.</p> <p>This selection process will follow the same procedure as the ordinary one, but the duration of several steps will be reduced, <i>i.e.</i> publication of the job offer, submission of applications, evaluation and selection process.</p>	

The contract will be in accordance with the provisions of **article 15 of Royal Legislative Decree 1/1995, of 24 March**, approving the text of the Workers' Statute Act, in accordance with the provisions of **article 2 of Royal Decree 2720/98, of 18 December (B.O.E. of 8 January 1999), Law 12/2001, of 9 July (B.O.E. of 10 July)** and concordant provisions.

The principle of equality between men and women is taken into account, in accordance with Organic Law 3/2007, of 22 March, for the effective equality of women and men. IRBLeida has an [Equal Opportunities Plan for men and women](#) and a [Protocol for the prevention and eradication of sexual harassment](#).

The principle to equal opportunities and treatment, as well as the real and effective exercise of rights by people with disabilities on equal terms with other citizens, through the promotion of personal autonomy, universal accessibility, access to employment, inclusion in the community and independent living and the eradication of any form of discrimination, in accordance with **articles 9.2, 10, 14 and 49 of the Spanish Constitution** and the International Convention on the Rights of Persons with Disabilities and the international treaties and agreements ratified by Spain, in accordance with the provisions of **Royal Legislative Decree 1/2013, of 29 November**.

The text of this document has been written in Catalan, Spanish and English, considering the three versions as official, but in case of conflict the Catalan version will prevail.

IRBLeida is committed to the principles of merit-based recruitment and transparency (OTM-R) in accordance with the HRS4R seal requirements.

ANNEX I: SELECTION COMMITTEE

PRESIDENT

- Manager IRBLeida
 - Ms. Eva López

CHAIRS

- Researcher at IRBLeida
 - Dra. Montserrat Gea Sanchez

- Researcher at IRBLeida
 - Dra. Esther Rubinat Arnaldo

- Researcher at IRBLeida
 - Dr. Francesc Josep Rubí Carnacea

SECRETARY

- IRBLeida HR manager
 - Ms. Elena Moscatel

ANNEX III: SCALE OF MERITS

a) Academic curriculum and complementary training – 40 points.

Valued:

- Master's degree in the field of health care 20 points
- English level B2 or higher 15 points
- Catalan and Spanish, high level 5 points

b) Certified professional experience.40 points

Valued:

- Previous experience in national and international projects 5 points
- Previous experience working with TICS 5 points
- Previous experience in therapeutic exercise 10 points
- Previous experience in active break programs for sedentary workers 20 points

c) Competence test or interview - 20 points

Any application that does not obtain a score of more than 50 points will not be considered

Information clause on the processing of personal data

Responsible for the processing

Identity: **INSTITUTO DE INVESTIGACIÓN BIOMÉDICA DE LLEIDA (BIOMEDICAL RESEARCH INSTITUTE OF LLEIDA)**

TAX ID: G25314394

Address: Avda. Alcalde Rovira Roure nº80, 25198, Lleida

E-mail: protecciodedades@irbllleida.cat

Purpose of data processing and conservation

At the **INSTITUTO DE INVESTIGACIÓN BIOMÉDICA DE LLEIDA (hereinafter referred to as IRB LLEIDA)** we process the information you provide as an interested party in order to manage the processing of your CV and application.

The data obtained will be kept for a period of up to 12 months, to cover future applications if they are not updated before or until the interested party objects to their processing.

Legitimation for data processing

The legal basis for the processing of your data is the consent of the interested party when contacting the **INSTITUTO DE INVESTIGACIÓN BIOMÉDICA DE LLEIDA**.

Recipients of your data

Your data will be communicated to third parties and collaborators related to the organisation. Apart from these entities, your data will not be communicated to third parties.

Rights of interested parties

The owners of the data processed by IRB LLEIDA have the right at all times to access their data, rectify it, oppose its processing or delete it if they believe it is no longer necessary for the purposes for which it was collected. In addition, if you wish, you may request the portability of your data and limitation of their processing. In the latter case, we will only keep them for the exercise or defence of claims. You may also revoke your consent at any time.

To exercise these rights, you may contact **IRB LLEIDA** by e-mail at protecciodedades@irbllleida.cat. Likewise, if you consider that your rights have been infringed, you may lodge a complaint with the Catalan Data Protection Authority.